**Couple Questionnaires**

*Instruction: Please answer these questions as accurately and honestly as possible. This will help me to get to know you before we meet. Please note that I don’t keep any secret between you and I. I will usually mention relevant points from your answers.*

**History of couple**

1. When and how did you meet your partner?
2. How long did you know each other? Dated? Married/living together?
3. What attracted you to your partner? What do you like most about your relationship?

**Conflict management of couple**

1. What do you and your partner argue/fight about the most?
2. What hurts in this relationship now?
3. How do you deal with conflict between you and your partner? Describe in details. Did someone end up leaving? Raising voice? Defending?
4. Does the conflict get physically aggressive and/or verbally aggressive? If so, is it still happening? How often would this happen?
5. How do the two of you recover/repair from conflict? Who usually initiates the repair?

**Sex between the couple**

1. Who initiates sex most often?
2. How often do you have sex with your partner? Are you comfortable with the frequency?
3. How do you let your partner know when you are feeling interested in being intimate or sexual with him or her?
4. Are your sex drives compatible? Are they high, medium, or low?
5. If you are not having sex, when did you stop being intimate and what is your understanding of how this happened?
6. Can you talk openly with your partner about your needs, physically and emotionally, when it comes to sex? If not, what does that feel like for you?
7. Do you use intimate sexual contact to repair or reconnect in your relationship? If so, how?
8. Do you ever feel forced or coerced into being sexual with your partner? If so, please explain.

**Bonding and connection**

1. Can you think of bonding moments in your relationship when one of you reaches out and the other responds in a way that makes you both feel emotionally connected and secure with each other? Please explain.
2. Before your present relationship, did you experience a safe, loving relationship with someone you trusted, felt close to and could turn to if needed? Who? Please explain.
3. Are there significant times in your present relationship that you felt your partner was not there for you. Please explain.
4. If it is hard for you to turn to and trust others, to let them close when you really need them, what do you do when life gets too big to handle or when you feel alone?
5. Name two specific things that would make you feel safer and more secure in your present relationship.